

What Are You Grateful For?

Today is my day! I'm thankful for all that I have and all that I am.

1. List 3 people you're grateful to have in your life

Ex: a friend, family, co-worker

A. _____

B. _____

C. _____

2. List 3 things that are the most important in your life.

Ex: family, career, and health

A. _____

B. _____

C. _____

3. What is something or someone you took for granted in your life? How would you have changed it?

4. What is something amazing that has happened to you in the past year?
